



## The Chaplet of St Colette

### **Blessed be the hour**

in which our Lord Jesus Christ,  
God and Man was born.  
Blessed be the Holy Spirit  
by whom he was conceived.  
Blessed be the glorious Virgin Mary  
of whom the Incarnate Word was born.  
May the Lord hear our prayers  
through the intercession  
of the glorious Virgin Mary  
and in memory  
of that most sacred hour  
in which the Incarnate Word was born,  
that all our desires may be accomplished

for your glory and our salvation.  
O good Jesus!  
O Jesus our Redeemer,  
do not abandon us as our sins deserve,  
but hear our humble prayer  
and grant what we ask  
through the intercession  
of the most blessed Virgin Mary  
and for the glory of your Holy Name.  
Amen.

As God pleases,  
As God wills. (*repeat ten times*)

Let us praise the Father in his mercy  
and the Son by his passion  
and the Holy Spirit  
the fountain of peace and sweetness and love.  
*Amen, amen without recall!*

*(You may choose to precede the Chaplet with a reading from scripture or I may take one of the Lord's self revealing proclamations:)*

**I** am the Way.  
I am the Truth.  
I am the Life.  
I am the Resurrection.  
I am the Good Shepherd.  
I am the Gate of the Sheepfold.  
I am the Light of the world.  
I am the Alpha and the Omega.  
I am the First and the last.  
I Live.

## **The Joyful Mysteries**

**T**he first coming of the Lord  
Blessed be the hour  
in which our Lord Jesus Christ,  
God and Man was born.

Blessed be the Holy Spirit  
by whom he was conceived.  
Blessed be the glorious Virgin Mary  
of whom the Incarnate Word was born.  
May the Lord hear our prayers  
through the intercession  
of the glorious Virgin Mary  
and in memory  
of that most sacred hour  
in which the Incarnate Word was born,  
that all our desires may be accomplished  
for your glory and our salvation.  
O good Jesus!  
O Jesus our Redeemer,  
do not abandon us as our sins deserve,  
but hear our humble prayer  
and grant what we ask  
through the intercession  
of the most blessed Virgin Mary  
and for the glory of your Holy Name.  
Amen.

As God pleases,  
As God wills. (*repeat ten times*)

Let us praise the Father in his mercy  
and the Son by his passion  
and the Holy Spirit  
the fountain of peace and sweetness and love.  
Amen, amen without recall!

## **The Sorrowful Mysteries**

**T**he second coming of the Lord  
Blessed be the hour  
in which our Lord Jesus Christ  
is our Passover  
Blessed be the Holy Spirit  
given to us from the Cross  
Blessed be the glorious Virgin Mary  
on whom the Incarnate Word bestows the Church  
May the Lord hear our prayers  
through the intercession

of the glorious Virgin Mary  
and in memory  
of that most sacred hour  
in which we receive the Passover of Christ.  
that all our desires may be accomplished  
for your glory and our salvation.  
O good Jesus!  
O Jesus our Redeemer,  
do not abandon us as our sins deserve,  
but hear our humble prayer  
and grant what we ask  
through the intercession  
of the most blessed Virgin Mary  
and for the glory of your Holy Name.  
Amen.

As God pleases,  
As God wills. (*repeat ten times*)

Let us praise the Father in his mercy  
and the Son by his passion  
and the Holy Spirit  
the fountain of peace and sweetness and love.  
*Amen, amen without recall!*

## **The Glorious Mysteries**

The last coming of the Lord  
Blessed be the hour  
in which our Lord Jesus Christ,  
King and Judge will come  
Blessed be the Holy Spirit  
who prepares our hearts for his reign  
Blessed be the glorious Virgin Mary  
with whom the Incarnate Word will come again.  
May the Lord hear our prayers  
through the intercession  
of the glorious Virgin Mary  
in memory of that most sacred hour  
in which heaven shall be opened to our eyes.  
that all our desires may be accomplished  
for your glory and our salvation.  
O good Jesus!  
O Jesus our Redeemer,

do not abandon us as our sins deserve,  
but hear our humble prayer  
and grant what we ask  
through the intercession  
of the most blessed Virgin Mary  
and for the glory of your Holy Name.  
Amen.

As God pleases,  
As God wills. (*repeat ten times*)

Let us praise the Father in his mercy  
and the Son by his passion  
and the Holy Spirit  
the fountain of peace and sweetness and love.  
*Amen, amen without recall!*

### **The Chaplet of St. Colette in the Latin she used:**

#### **Benedicta sit hora quo tempore**

Dominus noster Jesus Christus et Deus et homo natus est.

Benedictus sit Sanctus Spiritus de quo ille conceptus est.

Benedicta sit Virgo Maria gloriosa ex ea Verbum incarnatum est.

Audiat Dominus preces nostras intercessione Mariae Virginis gloriosa horae beatae quo tempore Verbum Incarnatum factum est, ut omnia exitum bonum habeant ad gloriam tuam et ad salutem nostram.

O pie Jesu, O Jesu Redemptor, noli relinquere nos propter peccata nostrorum humiles et concede ea quae petimus per intercessionem Mariae et ad gloriam nominis sancti tui.

*Amen*

Our deepest gratitude to the Poor Clare Colettine Nuns of Ty Mam Duw, Wales, UK, for their joyful assistance and holy inspiration in compiling this Chaplet.



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